



OVERLAND COMMUNITY CENTER OPERATIONAL GUIDELINES

LAST UPDATED: MARCH 30, 2021

The following information is based on guidelines issued by the St. Louis County Department of Public Health and is intended to ensure the health and safety of our members and City Staff. The City will continue to monitor the on-going pandemic through the appropriate agencies and will base any future reopening decisions on the guidelines available at that time.

FACE COVERINGS REQUIRED: Per the Saint Louis County Public Health Order requiring Face Coverings, everyone over the age of 5, who can medically tolerate a Face Covering, will be required to properly wear a Face Covering while on the premises. Children between the ages of 3 and 5 are strongly encouraged, but not required, to wear a Face Covering, while under the direct supervision of an adult. ***Those who do not comply with the Public Health Order shall be denied service or entry and will be asked to leave the premises until properly masked.***

Hours of Operation

Hours of Operation will be as follows:

Sunday:	Closed
Monday:	5:30 A.M. – 11:00 A.M. and 1:30 P.M. – 9:00 P.M.
Tuesday:	5:30 A.M. – 11:00 A.M. and 1:30 P.M. – 9:00 P.M.
Wednesday:	5:30 A.M. – 11:00 A.M. and 1:30 P.M. – 9:00 P.M.
Thursday:	5:30 A.M. – 11:00 A.M. and 1:30 P.M. – 9:00 P.M.
Friday:	5:30 A.M. – 1:00 P.M. <i>only.</i>
Saturday:	Closed

For questions or concerns, please contact the Overland Parks & Recreation Department at (314) 428-0490.

PHASE 4 - REOPENING GUIDELINES (EFFECTIVE APRIL 12, 2021)

In addition to the **PHASE 1, 2, & 3** Reopening Guidelines previously issued by the City, the following **PHASE 4** Reopening Guidelines will become effective Monday, April 12, 2021.

Gymnasium: Basketball Court Reservation

- Advanced reservation up to 48 hours in advance is required to use the gymnasium basketball court and will be taken on a first come first serve basis. No drop-ins allowed.
- Players are required to reserve as a group if they wish to play together.
- One time-slot allowed per day per person. If there are spots available, players may sign up for one more spot in person.
- Temp Checks and COVID screen upon entry.
- Minors under the age of 13 yrs. old must be accompanied by a parent with a current membership.
- A one-time Release and Waiver Regarding COVID-19 must be completed by each member and/or guest in order to utilize the Community Center. Waivers for minors under the age of 18 yrs. old will require a parent/guardian signature.
- Everyone is required to wear a mask while inside the building, including while they are playing at all times.
- Reservations shall be limited to 60 min time slots.
- No more than 4 people at a hoop.
- Only 2 hoops open at a time.
- Non-Immediate family members may reserve up to 4 people for one hoop at a time depending upon reservation availability. Please call the Center to inquire for more details.
- Immediate family members, all living at the same address who area all current members, may reserve up to 6 people for one hoop at a time depending upon reservation availability. Please call the Center to inquire for more details.
- Maximum 12 people in gymnasium playing basketball at one time.
- Half courts only to allow people to spread out.
- Two on two pickup games allowed provided all 4 players reserve for the same hoop at the same time.
- Players will be required to stay at their own reserved hoop and not mix with another reservation.
- City will not lend out balls so players must bring their own balls.
- Players will be required to come dressed to play due to no locker room availability.
- Players are asked to bring only essential items with them into the Center at this time. Reusable bags, book bags, food, and drink (other than water) will be prohibited while visiting the Center.
- Once the Center has reached capacity, no additional player will be allowed in until another player leaves the Center.

Racquetball / Wallyball Court Reservation

- Advanced reservation up to 48 hours in advance is required to use the racquetball/wallyball court and will be taken on a first come first serve basis. No drop-ins allowed.
- Players are required to reserve as a group if they wish to play together.
- One time-slot allowed per day per person. If there are spots available, players may sign up for one more spot in person.
- Temp Checks and COVID screen upon entry.
- Minors under the age of 13 yrs. old must be accompanied by a parent with a current membership.
- A one-time Release and Waiver Regarding COVID-19 must be completed by each member and/or guest in order to utilize the Community Center. Waivers for minors under the age of 18 yrs. old will require a parent/guardian signature.
- Everyone is required to wear a mask while inside the building, including while they are playing and waiting to play at all times.
- Reservations shall be limited to 60 min time slots.
- Recreational play only. No competition or league play at this time.
- Wallyball: Maximum 8 people in the court playing at one time and no more than 10 people to a reservation.
- Racquetball: Maximum 2 people in the court playing at one time and no more than 4 people to a reservation.
- Players will be required to stay either inside the racquetball/wallyball court or sit on the adjacent riser during their reservation.
- City will not lend out balls or racquets so players must bring their own equipment.
- Players will be required to come dressed to play due to no locker room availability.
- Players are asked to bring only essential items with them into the Center at this time. Reusable bags, book bags, food, and drink (other than water) will be prohibited while visiting the Center.
- Once the Center has reached capacity, no additional player will be allowed in until another player leaves the Center.

PHASE 3 - REOPENING GUIDELINES (EFFECTIVE SEPTEMBER 8, 2020)

In addition to the **PHASE 1 & 2** Reopening Guidelines previously issued by the City, the following **PHASE 3** Reopening Guidelines will become effective Monday, February 1, 2021.

Elevated Walking Track

- No more than **Fifteen 15 members** will be allowed on the Elevated Walking Track inside the Gymnasium at any one time.
- Members may still have the option to walk or run the gymnasium floor upon daily availability, with designated lanes established for each.
- Social distancing guidelines will be enforced.
- Members are asked to bring their own tally (lap) counters and water bottles.

- Members are asked to walk and/or run individually, and not in groups side-by-side.

Group Exercise Classes

- Group Fitness Classes will be available with limited capacity and pre-registration requirements.
- Class participants are asked to bring their own personal fitness class equipment and water bottles.

PHASE 2 - REOPENING GUIDELINES (EFFECTIVE SEPTEMBER 8, 2020)

In addition to the **PHASE 1** Reopening Guidelines previously issued by the City, the following **PHASE 2** Reopening Guidelines will become effective Tuesday, September 8, 2020.

Memberships

- Membership upgrades and new memberships may be purchased from City Hall, **by appointment only.**

Personal Training and Weight Room Orientations

- Personal Training and Weight Room Orientations available on a one-on-one basis, **by appointment only.**

Athletic Field Rentals

- Athletic Field Reservations will be offered on a limited basis through the end of October.

PHASE 1 - REOPENING GUIDELINES (EFFECTIVE JULY 13, 2020)

The City of Overland is pleased to announce that the Overland Community Center will reopen on Monday, July 13, 2020. The following information represents the City's **PHASE 1** Plan for the reopening Overland Community Center.

Active Memberships Prior as of March 16th, 2020:

- Community Center memberships, active as of March 16, 2020, will be extended for a period equal to the number of days that the Center was closed due to the COVID-19 Pandemic.

Guidelines for entering the facility.

- We will be open to members only, no guests at this time.

- Members will be required to show their membership card prior to being allowed into the Center.
- Upon arrival, please follow the instructions posted on the front door of the Center.
- All members must sign in with the following information: name, phone number or email address, home address, and date and time of entrance to the center.
- Prior to entering the center, all members will be screened for signs or symptoms of COVID-19, including;
 - Presence of fever
 - New or worsened cough
 - Trouble breathing
 - New or worsening body aches
 - Sore throat
 - New loss of taste or smell
 - Close contact with a person diagnosed with COVID-19 in the past 14 days?
- Members will be required to have their temperature taken via touchless thermometer.
- Anyone experiencing COVID-19 symptoms or has been exposed to someone diagnosed with COVID-19, or has a temperature 100.4 or higher, they will be asked to leave and return once they are symptom free.
- Members will be required to sanitize their hands upon entering the facility.
- Members are asked to bring only essential items with them into the Center at this time. Reusable bags, food, and drink (other than water) will be prohibited while visiting the Center.
- Staff and members should wear mask or face coverings when possible in public areas, unless it impedes their overall health, or they are actively exercising.
- Once the Center has reached capacity, no additional members will be allowed in until another members leaves the Center.

Areas open within the facility.

During this initial opening phase, we will have limited areas of the building open.

- Weight Room / Cardio Room:
 - No more than **Seven (7) members** will be allowed in the Weight Room and Cardio Room, combined, at any one time.
 - Pre-Registration will be required with limited time slots available on a daily basis.
 - Time slots will be allocated on a “first come-first serve” basis.
 - Members are required to sanitize equipment before and after use.
 - Wipes should be discarded in the designated receptacle, located in each room.
 - Social distancing guidelines will be strictly enforced.
- Gymnasium Courts:

- No more than **Twenty 20 members** will be allowed in the Gymnasium at any one time.
- Gymnasium activities will be restricted for use by walkers and runners only, with designated lanes established for each.
- Social distancing guidelines will be enforced.
- Members are asked to bring their own tally (lap) counters and water bottles.
- **Locker Rooms and Restrooms:**
 - Locker rooms and showers will remain closed at this time.
 - Restrooms near the front counter will be open for use by our members.
 - Members are encouraged to adhere to Social distancing guidelines while in the restrooms.

General Information

- Employees will complete a self-assessment prior to coming to work and will not be permitted to come to work if exhibiting symptoms.
- Staff and members are encouraged to wear mask or face coverings when possible in public areas, unless it impedes their overall health, or they are actively exercising.
- Community Center staff will clean and disinfection of all high-touch areas, surfaces, equipment, and restrooms throughout the day.
- Signage will be posted throughout the facility outlining screening/symptoms, handwashing/sanitizing, distancing guidelines and directional cues.
- Doors will be propped open when possible to eliminate high-touch areas.
- Storage cubicles will not be available.
- Membership upgrades and new memberships will not be available until further notice.
- Group exercise classes, personal training, weight room orientations, etc. remain cancelled.
- Racquetball/Walleyball Courts, Sauna, Game/Vending Room, Locker Rooms, Coat Room, drinking fountains, and vending machines will remain closed.
- Rental equipment (lap counters, basketballs, volleyballs, racquets, etc.) will not be available.
- A “lost and found” will not be maintained.
- Water fountains and bottle filling stations will not be available. Please bring water from home.

Facility Rentals

- Room rentals at the Community Center and Wild Acres Hall, have been suspended until further notice.
- Park Pavilion Rentals and Athletic Field Reservations have been suspended for the remainder of the year.